

NISQUALLY COMMUNITY



# SUPPORT GROUPS

Starting April 11th 2022

at the Adult Wellness Center (Round Room)  
1937 Lashi St SE Olympia WA 98513

Questions call Farron at 360-455-5213 or  
Kelly at 360-413-2727

● Mondays:

12:00pm-1:00pm Wellbriety

6:00pm-7:00pm Women's Talking Circle

6:00pm-9:00pm Sweat Lodge (Men's & Womens)

● Tuesdays:

6:30pm-7:30pm Men's Talking Circle

● Wednesdays:

6:00pm-7:00pm Wellbriety

● Thursdays:

6:00pm-7:00pm Wellbriety (1st & 3rd Thursday)

6:00pm-9:00pm Womens Sweat Lodge (2nd & 4th Thursday)

● Fridays:

12:00pm-1:00pm Wellbriety

6:30pm-8:30pm Talking Circle (Mens & Womens)